

# LUCIA



LUng Cancer-related risk factors and their Impact Assessment

## LUCIA Workshop

Understanding Lung Cancer

September 5<sup>th</sup> 2023

Eunate Arana-Arri



Funded by  
the European Union

biocruces  
bizkaia



vicomtech

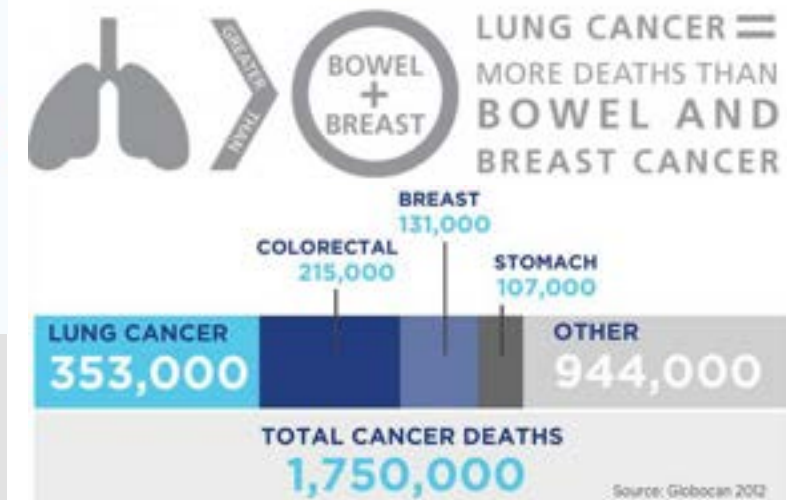
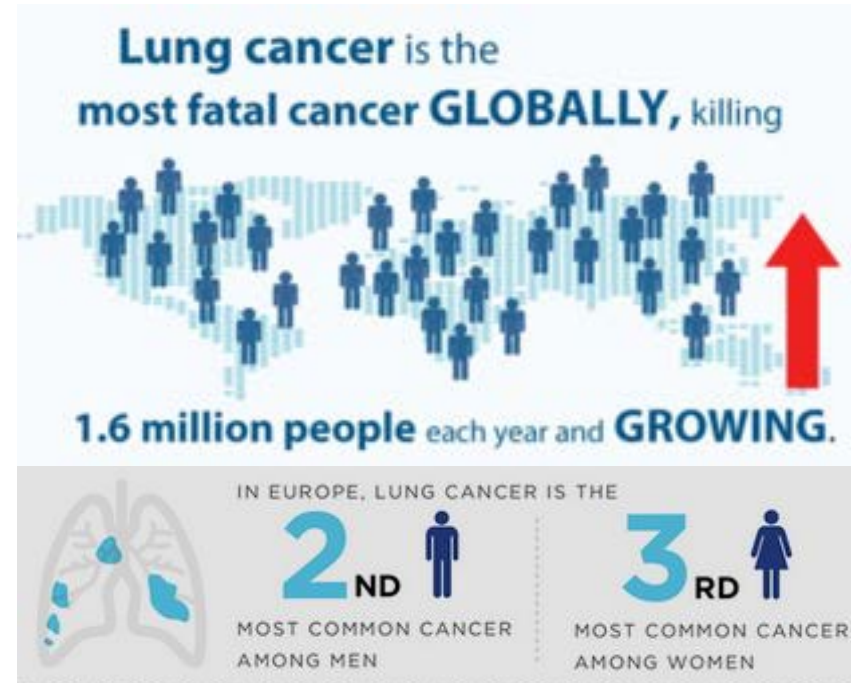
MEMBER OF BASQUE RESEARCH  
& TECHNOLOGY ALLIANCE



TECHNION  
Israel Institute of Technology



European  
Commission



**Lung cancer on track to ↑ 38% to 2.89 million cases by 2030**



1 YEAR SURVIVAL

EARLY DIAGNOSIS = BETTER SURVIVAL

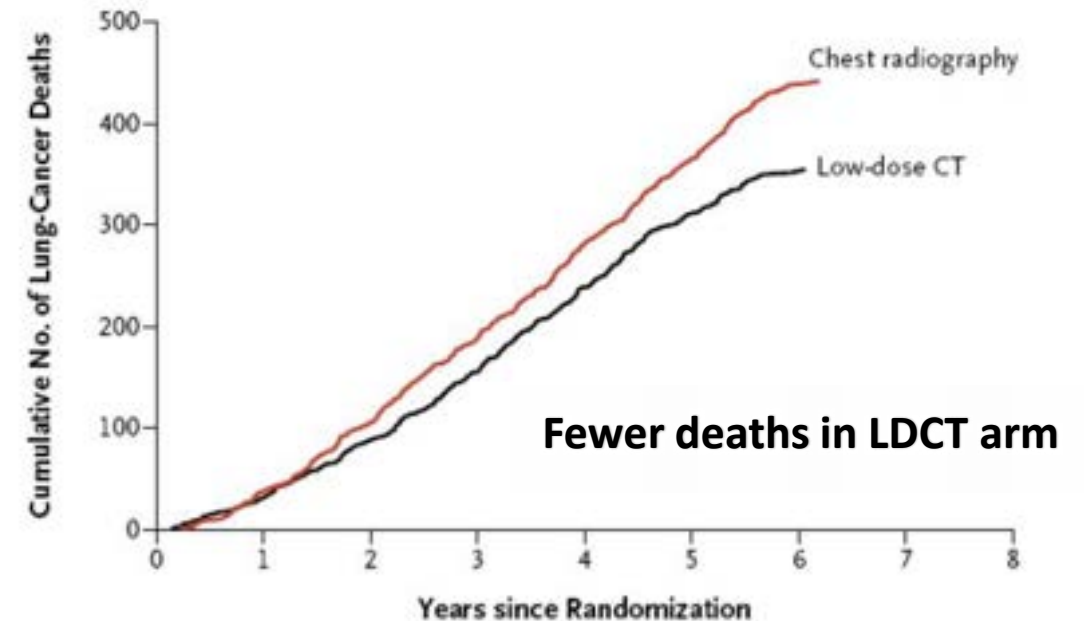
78% STAGE 1

14% STAGE 4

**Only 15%**

*of patients are diagnosed at an early stage*

B Death from Lung Cancer



Reduced Lung-Cancer Mortality with Low-Dose Computed Tomographic Screening

The National Lung Screening Trial Research Team\*

NEJM 2011

### Lung Cancer Screening Updated recommendation

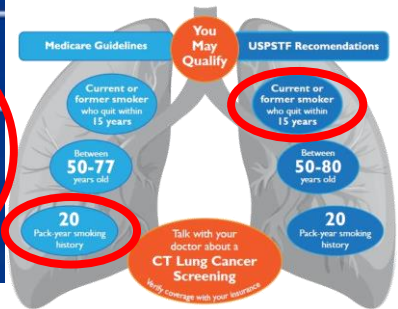
**50-80** years old

**CURRENT or FORMER SMOKER** in the last **15 YEARS**

Must have at least a **20-PACK-YEAR** smoking history

Number of packs of cigarettes per day  $\times$  Number of years you smoked = 20 pack-year history

### CT Lung Cancer Screening



Brussels, 29 November 2012 (OR, 44)

14776/12

SAR 508

NOTE

From: General Secretariat of the Council

To: Council

Subject: Council Recommendation on strengthening prevention through early detection: A new EU approach on cancer screening replacing Council Recommendation 2002/154/EC

Adoption

Lung cancer:

Considering the preliminary evidence for screening with use of **low dose computed tomography**, and the need for a stepwise approach, countries should explore the feasibility and effectiveness of this programme, for instance by using implementation studies. The programme should integrate primary and secondary prevention approaches, starting with **high risk individuals**. Special attention should be given to the identification and targeting of high risk profiles, starting with **heavy smokers and ex-smokers** who used to smoke heavily, and Member States should further research how to reach and invite the target group, as there is no systematic data (documentation) on smoking behaviour. Furthermore, attention should be given to the identification and targeting of other high risk profiles.

Building on the most recent evidence and methods, the recommendation extends organised screening to three additional cancers:

- **Lung cancer testing for current heavy and ex-smokers aged 50-75.**
- **Prostate cancer testing in men up to 70 on the basis of prostate specific antigen testing, and magnetic resonance imaging (MRI) scanning as follow-up.**
- **Screening for Helicobacter pylori and surveillance of precancerous stomach lesions in places with high gastric cancer incidence and death rates.**

Table 2 - Comparison of Lung Cancer Screening Guidelines

| Organization   | Screening Recommendation          | Screening Interval                         | Eligibility Criteria   | Countries That Have Adopted the Guideline                                 |
|--|-----------------------------------|--|--|---|
| United States Preventive Services Task Force (USPSTF)          | LDCT                              | Annually                                   | Age 50-80 years, $\geq 20$ pack-year smoking history, current or former smoker who quit within the past 15 years | United States   |
| National Comprehensive Cancer Network (NCCN)                   | LDCT                              | Annually                                   | Age 50-80 years, $\geq 20$ pack-year smoking history, current or former smoker who quit within the past 15 years | United States   |
| American Cancer Society (ACS)                                  | LDCT                              | Annually                                   | Age 50-80 years, $\geq 20$ pack-year smoking history, current or former smoker who quit within the past 15 years | United States   |
| European Society for Medical Oncology (ESMO)                   | LDCT, chest X-rays, or spirometry | Annually or biennially (varies by country) | Age 50-75, 20 pack-year smoking history, current or former smokers or those who quit within the past 15 years    | Various European countries (e.g., The Netherlands, Germany, Italy)        |
| International Association for the Study of Lung Cancer (IASLC) | LDCT                              | Annually or biennially (varies by country) | Age 50-80, 20 pack-year smoking history, current or former smokers or those who quit within the past 15 years    | Various countries worldwide (e.g., Canada, Australia, Japan, South Korea) |



Economic evaluations support cost-effectiveness of LDCT screening, especially when combined with smoking cessation interventions

More than 50% of new lung cancers diagnosed today are in either ex-smokers or never-smokers



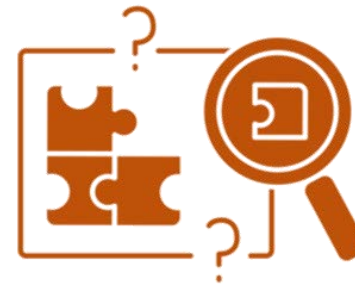


THE LANCET  
Oncology

**Participant selection for lung cancer screening by risk modelling (the Pan-Canadian Early Detection of Lung Cancer [PanCan] study): a single-arm, prospective study**

Lancet Oncol. 2017 Nov;18(11):1523-1531

| Screening Result | Low-dose Helical CT |                  |                  |
|------------------|---------------------|------------------|------------------|
|                  | Screen 1<br>N (%)   | Round 2<br>N (%) | Round 3<br>N (%) |
| Total Positives  | 7,193 (100)         | 6,902 (100)      | 4,054 (100)      |
| Lung cancer      | 270 (4)             | 168 (2)          | 211 (5)          |
| No lung cancer   | 6,923 (96)          | 6,734 (98)       | 3,843 (95)       |



|  |       |
|--|-------|
| Colonoscopy after positive stool test result:        | \$100 |
| Imaging & biopsy after suspicious mammogram:         | \$152 |
| Biopsy after suspicious Pap smear or cervical exam:  | \$155 |
| Follow-up tests after lung cancer screening CT scan: | \$424 |

**Neglectable benefit of searching for incidental findings in the Dutch–Belgian lung cancer screening trial (NELSON) using low-dose multidetector CT**

Eur Radiol (2007) 17: 1474–1482

**75%** of participants at least 1 IF  
**Only 8.5%** possibly clinically relevant  
**7%** of patients with false positive have **invasive procedure**